

**The purpose of PSHE Curriculum**

- Support students to develop the fundamental building blocks and characteristics needed for positive relationships
- To enable students to identify different types of relationships including family, friends, other children and adults
- To equip students with the knowledge and skills to identify and maintain healthy, respectful, and safe relationships
- To enable students to recognise and manage risk in relationships, online, and in the wider community
- To develop students understanding of British values, diversity, and equality
- To support the students Literacy skills by improving reading comprehension and speaking and listening skills

**Key Stage 1**



**Anti-bullying week**    **Autumn Term 2**    Hannuka/Christmas

**Hate crime awareness week**    **Autumn term 1**    Diwali

**Things we are good at**  
**Kind and unkind behaviours** — *Linked to BV mutual respect*  
**Playing and working together** — *Linked to BV mutual respect and tolerance*  
 Centre specific topic revisit

**Taking care of ourselves**  
**Keeping safe**—*Linked to BV rule of law*  
**Identifying and expressing feelings**  
**Anti-bullying week** — *Linked to BV mutual respect & tolerance of others*  
 Centre specific topic revisit

**Internet safety**    **Spring Term 1**    Ramadan/Easter

**Childrens mental health week**    **Spring Term 2**    Chinese New Year

**Assessment**

**Baby to adult**  
**Changes at puberty**  
**Dealing with touch** — *Linked to BV Individual liberty*  
**Childrens mental health week**  
 Centre specific topic revisit

**Healthy Eating**  
**Taking care of physical health**  
**Keeping well**  
**Internet Safety**  
 Centre specific topic revisit

**Self-awareness**  
**Self-care, support, and safety**  
 Managing feelings  
 Changing and growing  
**Healthy lifestyles**  
 The world I live in

**Summer Term 2**    Pride month

**Mental Health awareness week**    **Summer Term 1**    Eid

**Respecting differences between people** — *Linked to BV mutual respect*  
**Jobs people do**  
**Rules and laws** — *Linked to BV rule of law*  
**Mental health awareness week**  
 Centre specific topic revisit

Centre specific topic revisits or catch ups  
 Class projects

**Assessment**

**British Values**

- **Rule of law**
- **Democracy**
- **Mutual respect**
- **Individual liberty**
- **Tolerance of different cultures and religions**