

## The purpose of Physical Education Curriculum:

- Students learn to monitor their behaviors, relationships and understanding of basic health and fitness
- Understanding a range of key concepts that are required for lifelong learning
- From this we want our students to be critical thinkers, be able to play fairly and self-manage games, share their thoughts with others and understand the importance of working together

**WSAPC Physical Education** 

**Learning Pathway Primary** 

Key Stage 2

Year

**Five** 

**Autumn Term 1** 

**Autumn Term 2** 

Invasion Games—support play and formations.

**Health & Fitness** 

Swimming and water safety\*

**Invasion Games—knowing positions** 

**Assessment** 

Foundation Skills

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination.

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination.

Water confidence.

**Spring Term 2** 

**Spring Term 1** 

PE INTENT:

Assessment

Invasion Games—hand, eye coordination. Gymnastics—assessing sequences.

Invasion Games—controlled form Dance

Running, jumping and throwing.

Strength, flexibility, control and balance. Agility, balance and coordination.

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination.

We value the opportunity PE gives us to make a lasting impact on students emotional and thinking skills. Our aim is to use sport to develop the missed gaps in students education and reengage those who have found sport difficult in the past.

**Summer Term 1** 

**Summer Term 2** 

**SMSC Document** Available.



Athletics—track and field

Swimming and water safety\*

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination. Water confidence. OAA

Striking and fielding—specific skill

Strength, flexibility, control and balance. Agility, balance and coordination. Running, jumping and throwing.

Assessment



<sup>\*</sup>Swimming and water safety. We will follow the national curriculum's guidance on swimming and water safety for pupils in KS1 and KS1 however due to the fluctuations in numbers and limited availability in the timetable this does provide us with a challenge. By adding in sessions to Hove Lagoon, we hope that children gain water confidence and safety from these sessions. Blackland farm has pool on site. Some of our sessions will involve swimming.