

The purpose of Physical Education Curriculum:

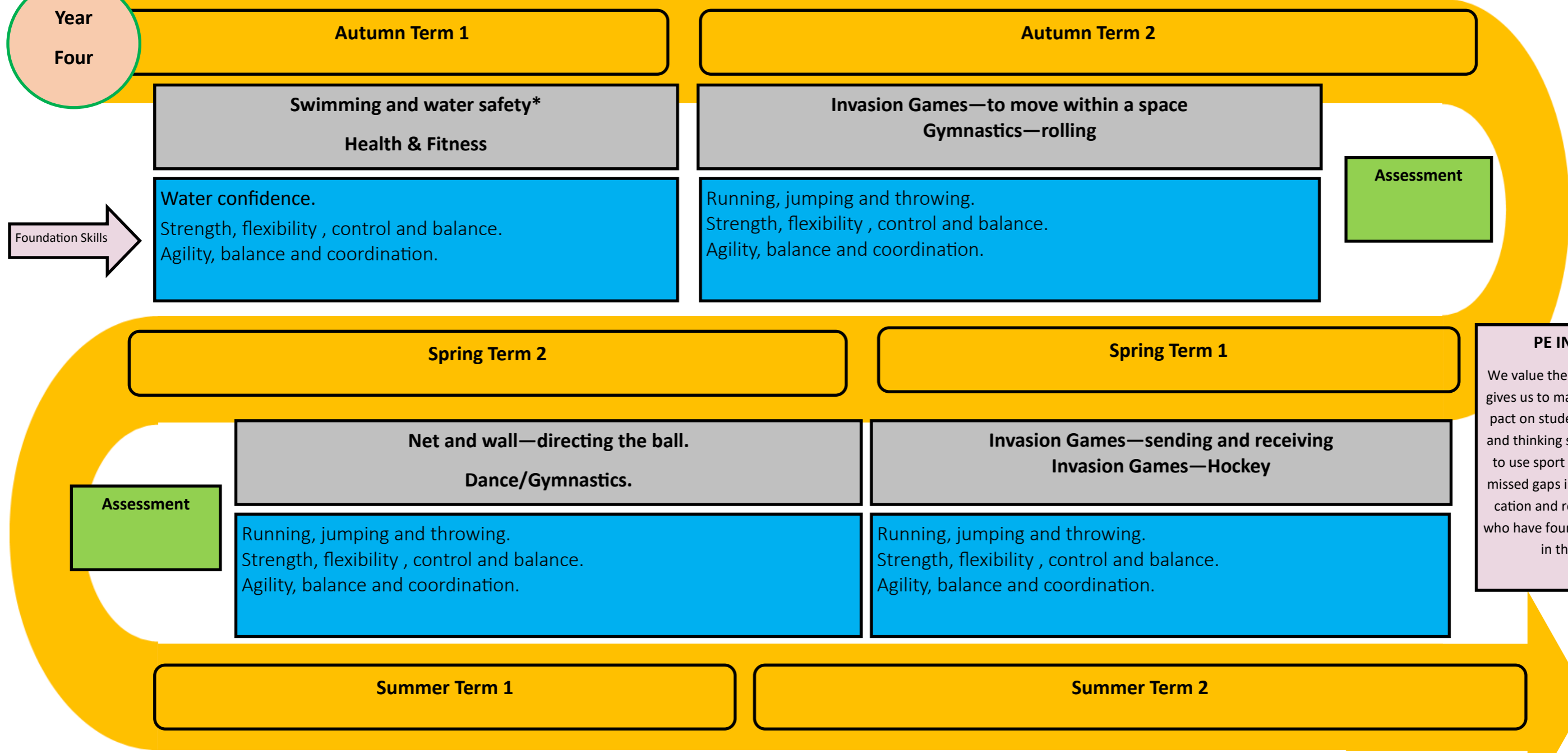
- Students learn to monitor their behaviors, relationships and understanding of basic health and fitness
- Understanding a range of key concepts that are required for lifelong learning
- From this we want our students to be critical thinkers, be able to play fairly and self-manage games, share their thoughts with others and understand the importance of working together

WSAPC Physical Education Learning Pathway Primary

Key Stage 2

Year Four

Foundation Skills



Autumn Term 1

Swimming and water safety*
Health & Fitness

Water confidence.
Strength, flexibility , control and balance.
Agility, balance and coordination.

Autumn Term 2

Invasion Games—to move within a space
Gymnastics—rolling

Running, jumping and throwing.
Strength, flexibility , control and balance.
Agility, balance and coordination.

Assessment

Spring Term 2

Net and wall—directing the ball.
Dance/Gymnastics.

Running, jumping and throwing.
Strength, flexibility , control and balance.
Agility, balance and coordination.

Assessment

Spring Term 1

Invasion Games—sending and receiving
Invasion Games—Hockey

Running, jumping and throwing.
Strength, flexibility , control and balance.
Agility, balance and coordination.

PE INTENT:
We value the opportunity PE gives us to make a lasting impact on students emotional and thinking skills. Our aim is to use sport to develop the missed gaps in students education and reengage those who have found sport difficult in the past.

Summer Term 1

Striking & fielding—modified competitive games.
Athletics

Running, jumping and throwing.
Strength, flexibility , control and balance.
Agility, balance and coordination.

Summer Term 2

Athletics—running increased distances
Swimming and water safety*

Water confidence.
Strength, flexibility , control and balance.
Agility, balance and coordination.

Assessment

SMSC Document Available.

*Swimming and water safety. We will follow the national curriculum’s guidance on swimming and water safety for pupils in KS1 and KS1 however due to the fluctuations in numbers and limited availability in the timetable this does provide us with a challenge. By adding in sessions to Hove Lagoon, we hope that children gain water confidence and safety from these sessions. Blackland farm has pool on site. Some of our sessions will involve swimming.