

## The purpose of Physical Education Curriculum:

- Students learn to monitor their behaviors, relationships and understanding of basic health and fitness
- Understanding a range of key concepts that are required for lifelong learning
- From this we want our students to be critical thinkers, be able to play fairly and self-manage games, share

**WSAPC Physical Education** 

**Learning Pathway Primary** 

Key Stage 2

their thoughts with others and understand the importance of working together Year **Autumn Term 1 Three Invasion Games -Traveling and changing direction Health & Fitness** Running, jumping and throwing. Strength, flexibility, control and balance. **Foundation Skills** Agility, balance and coordination.

**Invasion Games Dance** 

**Autumn Term 2** 

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination.

**Assessment** 

**Spring Term 2** 

Net and wall—directing the ball.

Dance/Gymnastics.

Running, jumping and throwing. Strength, flexibility, control and balance. Agility, balance and coordination.

**Spring Term 1** 

Games **Gymnastics** 

ACTIVITIES SUCH AS MINDFULNESS, YOGA & FUN CIRCUITS. AGILITY, BALANACE & COORDINATION.

PE INTENT:

We value the opportunity PE gives us to make a lasting impact on students emotional and thinking skills. Our aim is to use sport to develop the missed gaps in students education and reengage those who have found sport difficult in the past.

**Summer Term 1** 

**Summer Term 2** 

**SMSC Document** Available.

Assessment



Athletics—Balance and Coordination. Swimming and water safety\*

Water confidence.

Strength, flexibility, control and balance. Agility, balance and coordination.

Striking & Fielding playing as a team.

OAA

Running, jumping and throwing. TYPES OF THROWING SKILLS, TARGET ACTIVITIES, **BALL & BEANBAG SKILLS.** 

Assessment

<sup>\*</sup>Swimming and water safety. We will follow the national curriculum's guidance on swimming and water safety for pupils in KS1 and KS1 however due to the fluctuations in numbers and limited availability in the timetable this does provide us with a challenge. By adding in sessions to Hove Lagoon, we hope that children gain water confidence and safety from these sessions. Blackland farm has pool on site. Some of our sessions will involve swimming.