



BURGESS HILL APC

SUMMER NEWSLETTER



MR JARVIS

Well, we are nearly at the end of a very busy academic year and the summer holidays are finally in sight! Some of you may know that I have worked in several of our APCs across West Sussex and, since Easter, I have been full time at Burgess Hill. It has been a real privilege to work with the dedicated team of staff, pupils, parents and carers. One of the great things about Burgess Hill is our very stable and strong staff team, one which is experienced and skilled in working with the young people in our care.

It's been an eventful year and this year has seen us welcome Miss Palmer, Teaching Assistant, to the team as a permanent member of staff; we have also welcomed Miss Ampaw who is covering Art & Design for Miss Gilding whilst she is on maternity leave. Miss Gilding and the new arrival have visited us on a few occasions for different events. One of those events was our very successful Year 11 prom. Thanks to one of our parents, all of our leavers, including Mr Fisher, Mr Taylor and myself travelled in style in a limousine to Miller & Carter in Haywards Heath. I particularly enjoyed the rap music at full volume for a whole hour!! All pupils and staff donned their best outfits and had a wonderful afternoon together before saying their goodbyes.

During the last academic year, we have spent time developing our enterprise curriculum which has seen pupils get involved in horticulture, catering, art and design, marketing and web design. The pupils and staff, including family members too, have worked their socks off to develop our school garden. Before they began work, it was an overgrown area with no real purpose. Now, it's full of planters, different areas including a pond, a zen area and a seating area within a willow tree. A few months ago, we hosted an extremely successful garden party to celebrate the huge achievements of both staff and pupils. The Budding Foundation and local garden centre staff donated lots to the school during the project and were our guests of honour at the garden party. Our pupils were excellent ambassadors for the school, and a few spoke publicly as part of the event. Our enterprise teams have now moved on to their next project which will go on to see us host a stall at Lagoon Fest in Hove during early September. It will also see another garden we have given the APC make over!

Part way through the year, we had the pleasure of welcoming the Directions Project into school and a small number of staff and pupils from Littlehampton APC joined us. This charity is led by a team of ex-offenders who have all now devoted their careers to supporting and helping young people avoid taking the same paths they did and spending time in prison. It was very well received by all who attended and I was very proud of all the pupils.

We have had a number of trips take place this year. These have included Blacklands Farm, Ardingly, Plumpton to name a few, but you'll hear of more in the newsletter. Our primary pupils have spent time at Hove Lagoon and have also worked with a company called Tiny Tekkers who have helped them to develop their football skills. Most recently, pupils got involved in a 4-day fishing course which culminated in a day out of school. It was great to see the pupils come back to school so impressed with their achievements and the number and size of the fish they had caught. We also held a very successful team building day for staff and pupils in the spring term. I'm ashamed to say that my team were doing really well until I joined them part way through!! And this week we will see our primary pupils take part in their sports day and next week our secondary pupils will compete against our other APC centres in a cross-college sports day in Horsham. Burgess Hill will, of course, be the winning centre!!! No pressure team!!

Finally, I hope that you and your family enjoy a restful and peaceful summer break and that pupils and staff come back in September feeling refreshed for the autumn term. Summer is a great time to try new things, recharge the batteries and enjoy doing other things; perhaps all those things that we don't get time to do during term time. Make the very most of the holidays and let's hope the weather continues for the rest of summer.

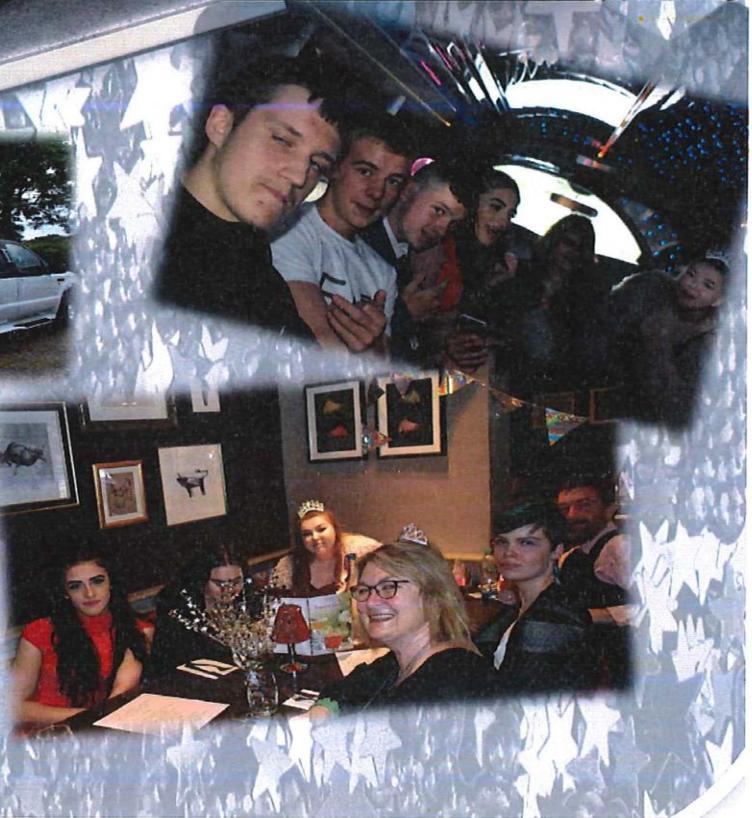
Best wishes,

Mr Jarvis



BURGESS HILL 2019 PROM

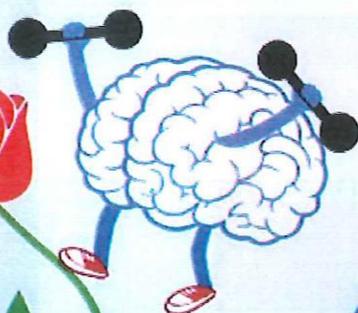
On Tuesday 18th of June, our very proud year 11s celebrated the end of their exams with a beautiful Prom. All of the staff and students dressed up in their party clothes and drove in style to Miller and Carter for a 2-course meal. All the students were a credit to Burgess Hill and a few tears shed as they said goodbye at the end of a day of good memories. We all hope they go onto great things now our fledglings have flown the nest.



THE BENEFITS OF READING BOOKS

„A book is like a garden carried in the pocket.”
(Chinese Proverb)

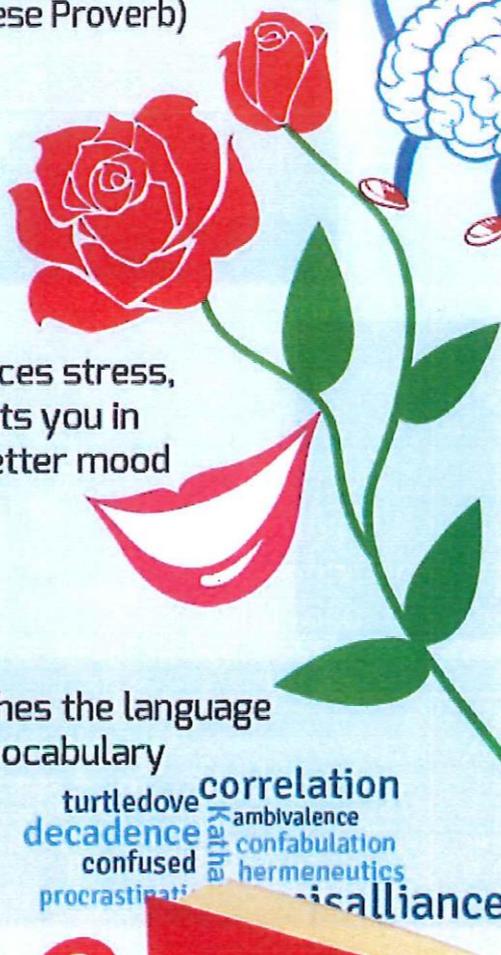
exercises your brain



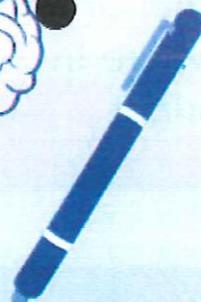
i provides knowledge and information

books are a good topic of conversation

reduces stress, puts you in a better mood



better writing skills



great and free entertainment



improves concentration and focus

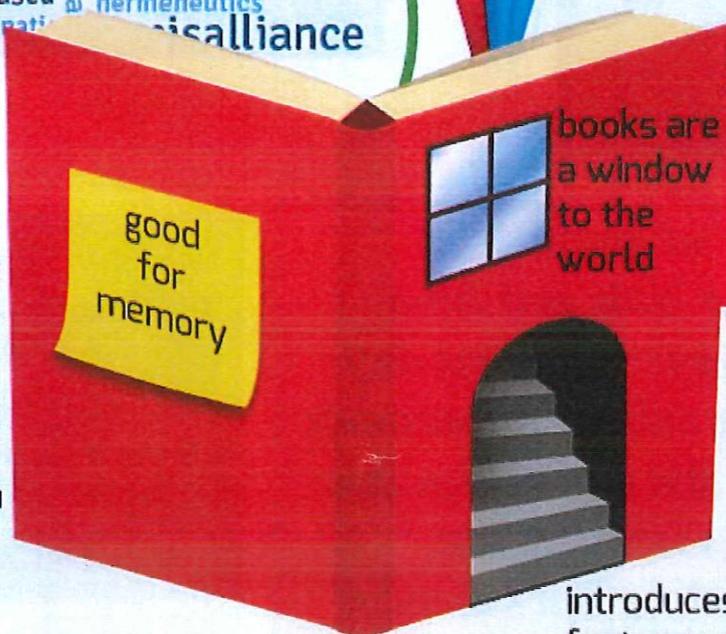
enriches the language and vocabulary

turtledove
decadence
confused
procrastination
correlation
ambivalence
Katha
confabulation
hermeneutics
misalliance

develops creativity



books pose questions to stimulate further reflection



books are a window to the world

increases your ability to empathize with others

introduces to the unknown fantasy world

good for memory

designed by: gosiarysuje.pl

TINY TEKKERS

Pupils are now taking part in weekly multi-sport sessions with Jordan from Tiny Tekkers. This term, pupils have been learning skills in football and all classes have thoroughly enjoyed the sessions!



TERM DATES 2019/20

Autumn Term 2019

The 2019 autumn term in West Sussex schools begins on Monday 2nd September and ends on Friday 20th December

West Sussex schools October half term break
Monday 28th October – Friday 1st November

West Sussex schools Christmas break
Monday 23rd December – Friday 3rd January

Spring Term 2020

The 2020 spring term in West Sussex schools begins on Monday 6th January and ends on Friday 3rd April.

West Sussex schools spring half term break
Monday 17th February – Friday 21st February

West Sussex schools Easter break
Monday 6th April - Friday 17th April

Summer Term 2020

The 2020 summer term in West Sussex schools begins on Monday 20th April and ends on Monday 20th July.

West Sussex schools summer half term holiday
Monday 25th May – Friday 29th May

HOVE LAGOON

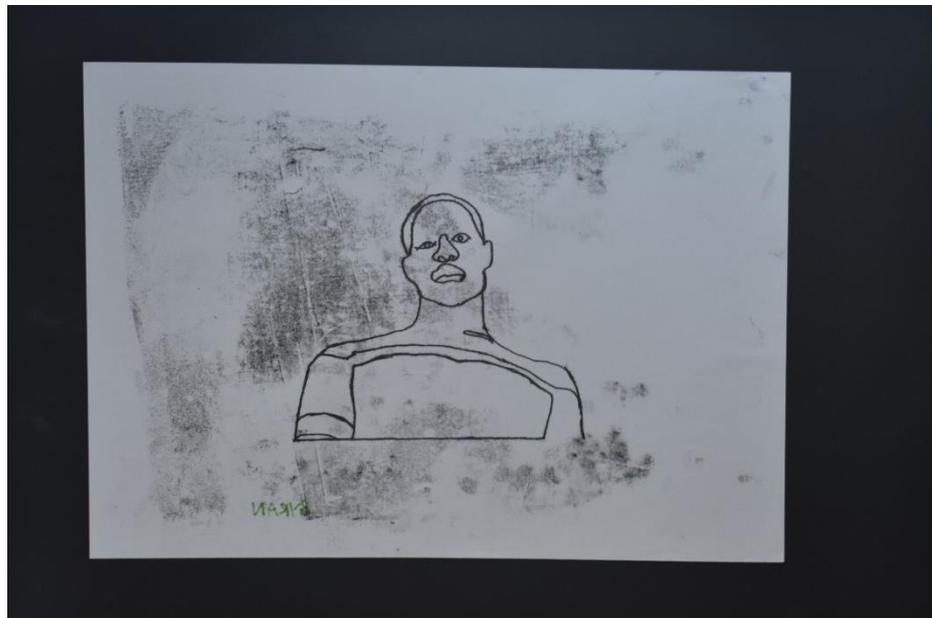
Lion class were the first to try out our new Thursday trip location, Hove lagoon. The boys took part in a paddle boarding session and had an absolute blast! It was one of our pupil's first time seeing the sea, and it's safe to say he was not disappointed! Our two other classes cannot wait for their turn!



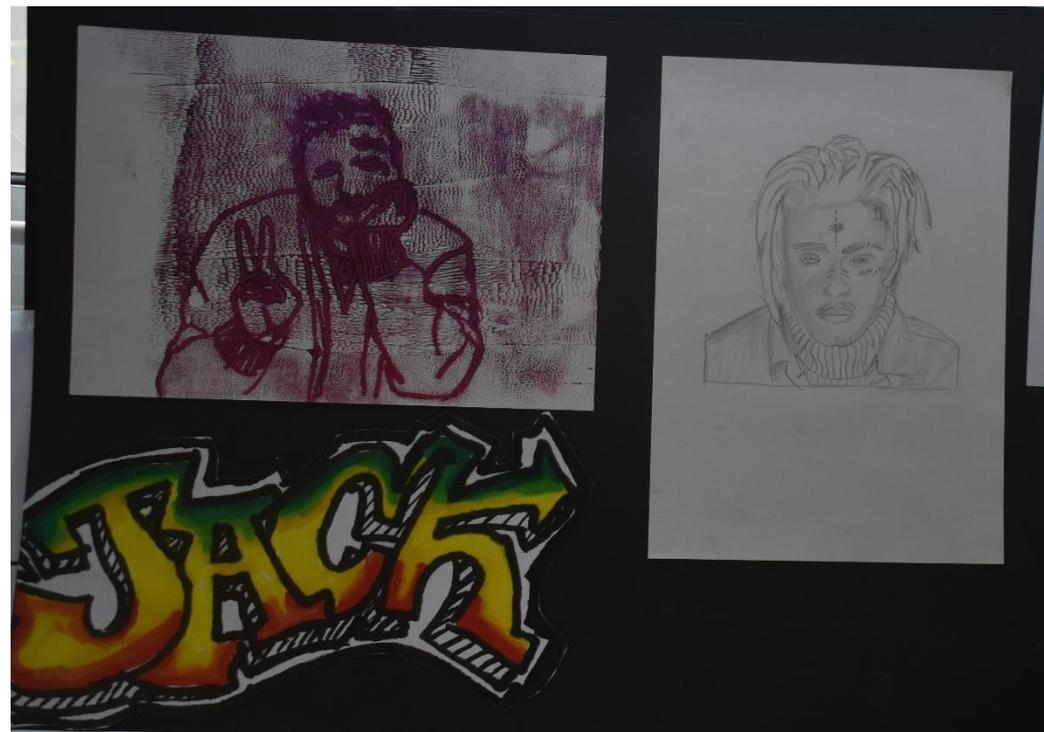
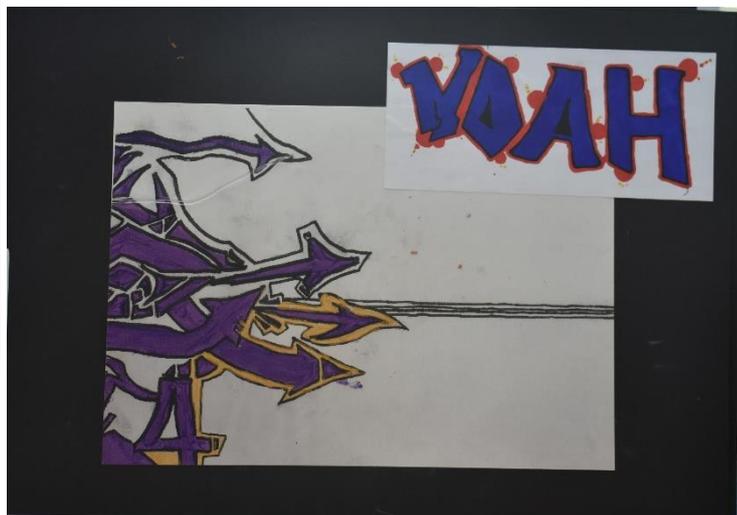
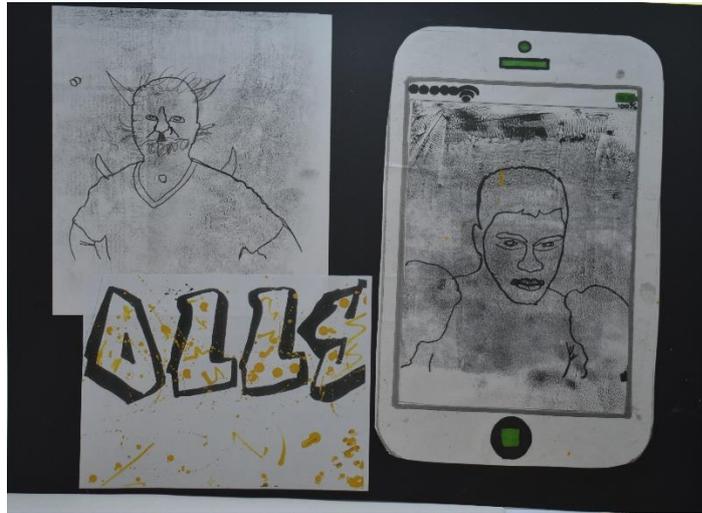
TEAM BUILDING



ART



ART



OUTDOOR EDUCATION



THORPE PARK

On Wednesday 17th of July, we went on a reward trip to Thorpe Park. Five of us went including Byran, Charlie, Jack Artur and me.

When we arrived, I saw some of the rides, which looked fun but also very scary. My favourite ride was Tidal wave because it was not as scary as some of the other rides at the park.

We all had a really good day and I would love to go again.





- 1) BYRAN 596
- 2) JACK 460
- 3) MICHAEL 291
- 4) AARAN/HARRY 268
- 5) JASON 265
- 6) SOPHIE 257
- 7) NOAH 245
- 8) CHARLIE 219
- 9) OLLY 134
- 10) KATHLEEN 122



BOXING

On Friday afternoons, Burgess Hill APC have had some boxing sessions with a coach named Steve. He has been making work very hard by doing 90 seconds of skipping as quickly as we can! The best part of the boxing is getting to use the punch bags this is because we can practice what I have learnt in the session.

I have learnt how to do simple hooks, simple upper cuts and how to combine all of these moves.

I would like to carry on with boxing in September and continue to improve.



ENTERPRISE

We had a very busy summer term during Enterprise sessions. Students all worked around the exam season to keep the garden flourishing, the catering group continued to make homemade produce such as chutneys, and the resistant materials group have been printing and experimenting with tie-dye.

All Enterprise groups contributed to our wonderful Garden Party, with senior and administrative staff in attendance. Clive Gravett, founder of The Budding Foundation, was our special guest, having donated the raised beds, cold frame, soil and tubs. Everyone enjoyed exploring the garden and sampling homegrown vegetables, along side the catering group which provided an endless supply of sweet and savoury treats. We are now in the final preparation stages of holding a stall at LagoonFest in Brighton on 7th September. A big thank you to all staff, who contribute to making Enterprise an opportunity for students to complete activities outside of their usual curriculum subjects.



ENTERPRISE GARDEN

PARTY



SCIENCE

ARDINGLY

We arrived in Ardingly on a scorching hot day to go to the Big Bang Festival with thousands of other secondary students.

The cars were a big hit especially the very old London Taxi.

We took part in science magic, searched a vehicle for hidden objects against the clock, and held all sorts of reptiles. We thoroughly recommend it.

PLUMPTON

After an interesting journey to Plumpton with lots of emergency services on our tail, we arrive to start our workshop.

The first was a display of huge seeds and plants.

We had to decide how the plant exploited the planet to disperse its seeds. Was it using the wind, the water in rivers and seas, birds, animals or expulsive forces?

Then we had to try to target these ideas with a nerf gun, it was not easy.

Then we walked around the lovely grounds to the colour and chemistry laboratory.

This was our favourite activity

Mrs Ward does these experiments with us in school, and it is always great to see them again.

The Woosh bottle shows us the massive amount of energy from a tiny amount of gas fuel.

The Thermite reaction how to get molten iron from rust, and the reaction reaches 2500°C.

The teacher said we were the only school that he had seen that had done these reactions.

The howling jelly baby was amazing showing colours and a huge energy release.

In the amazing sports hall we used a thermal camera and a drone and picked up lots of information on apprentices. Great day.



TRACY GRIFFEE

Parting words for Tracy Griffee...

Tracy's memorial in late May was a great success and it was amazing to see and meet all of **Tracy's** family including her son who has been having a tough time adjusting to the loss of his mum.

The summerhouse looked fantastic in the lovely weather. **Tracy's** mum, dad and brother all said it was a fitting tribute to Tracy's memory.

In true fashion, **Carole Wilson** made some delicious cakes and it was lovely to see some of **Tracy's** old colleagues arrive.

We would like to thank everyone who helped with the summerhouse and the primary children for their patience in waiting to use their summerhouse and for all the gardening and the pictures they made for the inside.

Tracy would have been so happy; she would be singing and dancing as she did when she was happy.
Thank you everyone for making such a beautiful memory!



FISHING

Panther Class thoroughly enjoyed participating in the Angling Trust Fishing Course. Over the four-day course, pupils learnt about different types of fish, what the different rods and baits were and how to prepare and cook a fish. On the last day of the course, pupils attended Moor House Farm and fishery to put their newly learnt skills to practice.

All the pupils reached the Cast Starter Level standard in the Angling Trust Skills Award and each received a certificate.



Paracetamol and Medicines at school...

Written parental/carer consent gained when a pupil starts school includes confirmation that the pupil has been given medication before without adverse reactions.

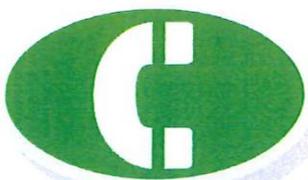
To ask the school to give your child prescription medicines you must first call and speak to Mrs Ward, Miss Gilding or Mr Newton.

If a pupil is unwell at school, they will be encouraged to get some fresh air, eat, have a drink, sit down and rest.



Unless you let us know of any changes, we assume that the consent form given is still up to date.

What to do if your child is unwell...



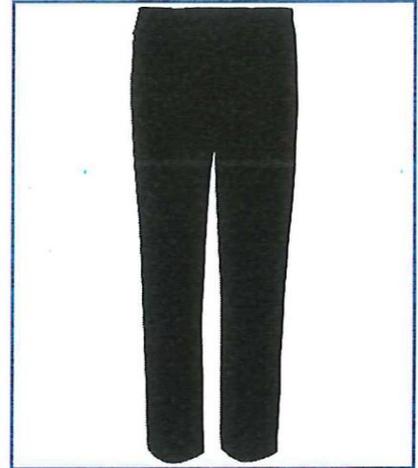
If your child is ill with vomiting or diarrhoea, please keep them off school for 48 hours.

If your child is unwell and will not be attending school, please call the absence line on 01444 231232.

UNIFORM

Boys:

- *Black school trousers*
- *APC school polo shirt*
- *APC school sweatshirt*
- *School shoes or trainer's*



Girls:

- **Black skirt (5cm above the knee) or leggings or black trousers**
- **APC school polo shirt**
- **APC school jumper**
- **School shoes or trainer's.**

Only studs allowed in pupils ears, no stretchers

New GCSE Grades And How Attendance Effects Your Grade....

New grading structure	Current grading structure
9	
8	A*
7	A
6	B
5	C
4	D
3	E
2	F
1	G
U	U

GOOD PASS (DfE)

5 and above = top of C and above

AWARDING

4 and above = bottom of C and above

% Attendance	= % Absence	= Days Missed	Approximated GCSE Grade drops by...
100	0	0	0
90	10	19	1 grade
80	20	38	1-2 grade
70	30	57	2-3 grade
60	40	76	3-4 grade
50	50	95	4-5 grade
40	60	114	
30	70	133	
20	80	152	
10	90	171	

Sussex Police

Personal Safety for Children

We would like to encourage parents/ Carers to speak to their children about Personal safety awareness and keeping safe while their young people are on their own.

Please help keep your child safe and to talk with them about personal safety. Please read these top tips with them and discuss their questions or concerns. Explain to them why you are concerned so that they can empathise with your concerns and why they should adopt your concerns as theirs.

This will only help to re-enforce the safety messages they receive in school as part of their Personal Social Health and Economic (PSHE) education.

People you do not know (Strangers)

- watch out for cars that are following you
- never get into a car with a person you do not know
- never approach a person you don't know sitting in a car
- Stay strong, saying no is not wrong
- Never tell a stranger your name or address
- Don't believe what strangers tell you
- Don't accept gifts, treats or sweets from strangers
- Keep your distance and never go anywhere with someone you don't know
- Trust your feelings if it doesn't feel right it isn't

Yell and Tell

- Don't be afraid to say no
- If a stranger makes you feel unsafe, always 'yell and tell'
- Yell 'help' or 'I don't know you' to get someone's attention. Then tell someone you trust what has happened
- Don't let anyone make you feel unsafe

Know a Safe place

- A safe place is a place that has someone you can trust and talk to, such as a school, shop, police station or friend's house
- If someone does make you feel unsafe, always run to a safe place

When Playing Outside

- If a stranger comes near, be safe and call out so your parents can hear
- Never approach or talk to a stranger that comes into the your garden
- If someone makes you feel unsafe go back inside and tell your parents about it
- Always play in an area where your parents can see you

Using a computer

- If someone asks you for personal information online remember "when online, always decline!"
- Don't give out your name or address to a stranger online
- Be careful who you talk to
- Never tell anyone you're home alone

Summer Facts

Sunniest summer

The sunniest summer on record was 1976, where there was 669 hours of bright sunshine.

The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.

Frisbees, invented in the 1870's as a pie plate, but in the 1940's, college students began throwing them around. They have since stopped being used for pie plates and are now a summertime

August was named after Julius Caesar's nephew. He had received the title of "Augustus" which means "reverend".

Mosquitos are most prevalent during summer months. Mosquitos have been on earth for more than 30 million years.

The first day of summer is between June 20th and June 22nd every year. The first day of summer is called the summer solstice, and the day varies due to the Earth's rotation not exactly reflecting our calendar year.

Another interesting fact about summer is that television shows used to only be reruns during the summer months. The idea being that everyone was outside enjoying the weather.

Summer Jokes

Where do sharks go on summer vacation?

Finland!

Why do bananas use sunscreen?

Because they peel.

What do you call a dog on the beach in the summer?

A hot dog!

What do sheep do on sunny days?

Have a baa-baa-cue.

Why don't mummies go on summer vacation?

They're afraid to relax and unwind!

Why didn't the elephant buy a suitcase for his summer vacation?

Because he already had a trunk!

What did the ocean say to the shore?

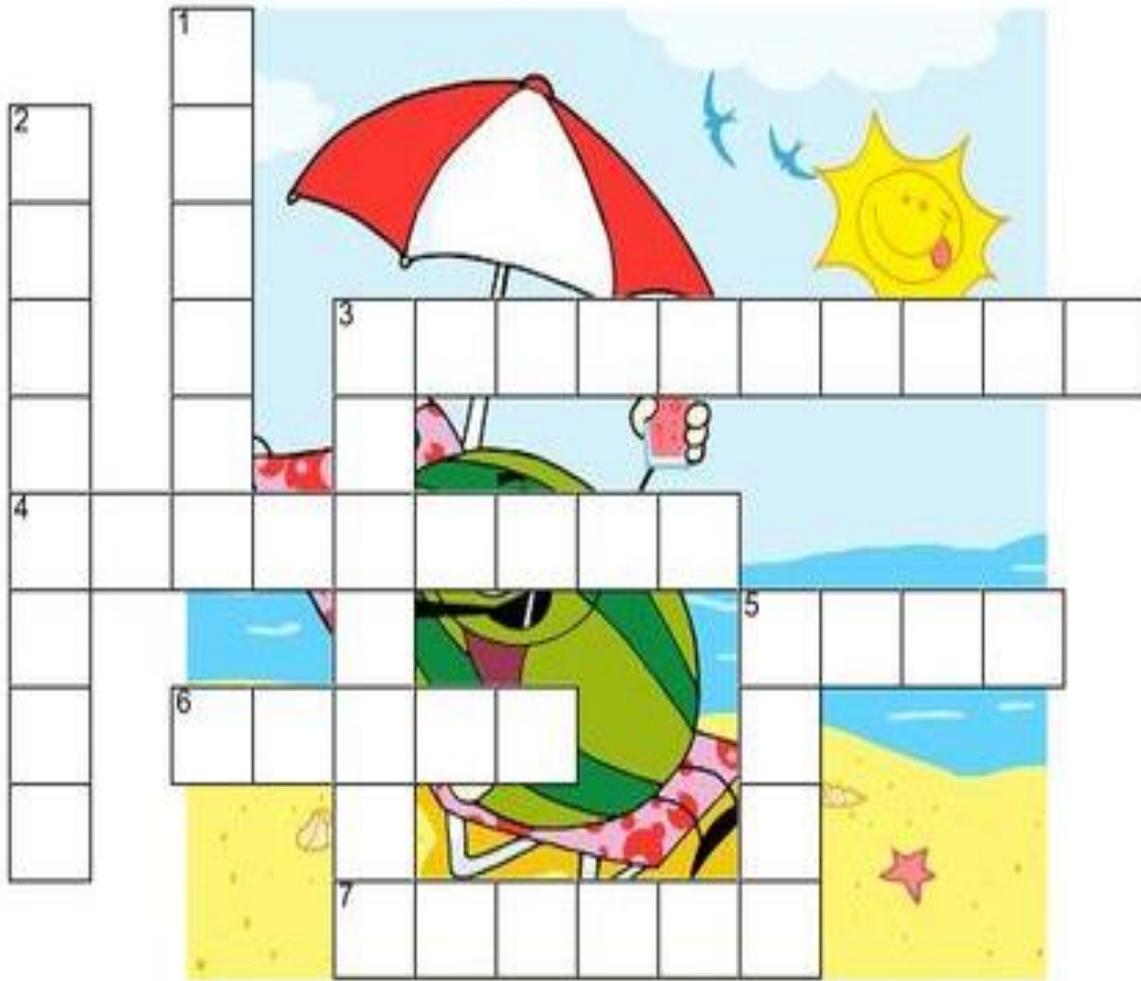
Nothing it just waved.

FOOD

Find 10 differences between the 2 pictures!



SUMMER CROSSWORD



Across

3. I love to build this in the sand.
4. I love to run through it and it makes me wet.
5. I have one in my backyard that I love to swim in.
6. A place that has lots of sand and water.
7. I use this to pick up sand

Down

1. The hottest time of the year.
2. I wear this to swim.
3. I like to wear these on my feet when it is hot.
5. I use this to put the sand in.



• HELLO •
Summer